

[Ride and Stride 2024](#)

Bishop Dagmar writes:

“I am delighted that the Cambridgeshire Historic Churches Trust (CHCT) is going ahead with its annual ‘Ride and Stride’ fundraising event on Saturday 14th September. In Cambridgeshire, we are blessed with so many magnificent church buildings and the CHCT plays a vital role in helping maintain our rich heritage for generations to come.

The money raised by each rider or strider can be shared equally between the Cambridgeshire Historic Churches Trust and the place of worship nominated by the participant.

I warmly encourage you to publicise this event widely so as many people as possible participate. I would also like to encourage you to open your churches for this event and be ready to welcome all those taking part.

Please support this important event in whatever way you can.

[Are you experiencing difficulty keeping warm?](#)

Small grants for individuals experiencing difficulty keeping warm are being issued through Cambridgeshire Community Foundation – contact Revd David as you may be eligible for a grant.

[How to Contact](#)

Rector

Revd David Lee Telephone - 01223 872923

Mobile - 07895 378724

Email address: revdavid@thefourchurchbenefice.org

David's usual day off is Friday.

[Notice Sheet Content Contact](#)

The next Notice Sheet will be for **Sunday 7th September 2024**. If you have any items for the notice sheet please let Maxine Pymer have them by **Wednesday 4th September**. If you would prefer to receive the Notice Sheet electronically, please email Maxine and she will add you to the circulation list.

Tel: - 01763 793426

Email: maxpymer@outlook.com

Mobile: - 07749 242783



The Four Churches Notice Sheet

St Mary's Fowlmere, St Laurence Foxton, All Saints' Shepreth,
St George's Thriplow - www.thefourchurchbenefice.org



[Notice Sheet for Sunday 1st September, 14th Sunday after Trinity](#)

[Readings](#)

James 1:17 - end

Mark 7:1 - 8, 14 - 23

[Collect](#)

**Merciful God,
your Son came to save us
and bore our sins on the Cross:
may we trust in your mercy
and know your love,
rejoicing in the righteousness
that is ours through Jesus Christ
our Lord. Amen.**

[Gospel Text - Mark 7:1-8, 14-23](#)

7 Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around him, **2** they noticed that some of his disciples were eating with defiled hands, that is, without washing them.

3 (For the Pharisees, and all the Jews, do not eat unless they wash their hands,^[a] thus observing the tradition of the elders, **4** and they do not eat anything from the market unless they wash,^[b] and there are also many other traditions that they observe: the washing of cups and pots and bronze kettles and beds.^[c]) **5** So the Pharisees and the scribes asked him, “Why do your disciples not walk according to the tradition of the elders but eat with defiled hands?”

6 He said to them, “Isaiah prophesied rightly about you hypocrites, as it is written, ‘This people honours me with their lips, but their hearts are far from me; **7** in vain do they worship me, teaching human precepts as doctrines.’ **8** “You abandon the Commandment of God and hold to human tradition.”

14 Then he called the crowd again and said to them, “Listen to me, all of you, and understand: **15** there is nothing outside a person that by going in can defile, but the things that come out are what defile.”^[e] **17** When he had left the crowd and entered the house, his disciples asked him about the parable. **18** He said to them, “So, are you also without understanding? Do you not see that whatever goes into a person from outside cannot defile, **19** since it enters not the heart but the stomach and goes out into the sewer?” (Thus he declared all foods clean.) **20** And he said, “It is what comes out of a person that defiles. **21** For it is from within, from the human heart, that evil intentions come: sexual immorality, theft, murder, **22** adultery, avarice, wickedness, deceit, debauchery, envy, slander, pride, folly. **23** All these evil things come from within, and they defile a person.”

Service Today - 14th Sunday after Trinity

10.15am 4 Church Communion at All Saints' Shepreth
'The tradition of the elders'

This week

Monday 2nd September 7.30pm Benefice Forum

Tuesday 3rd September 9.00am Morning Prayer on Zoom

10.00-11.30am Church Cafe at St Mary's Fowlmere

Thursday 5th September 9.15am Holy Communion at Thriplow School

Saturday 7th September 2.30pm St Laurence's Foxton Wedding of Stefanie Foskolou and Paul Driscoll

Services Next Sunday 8th September - 15th Sunday After Trinity

9.30am Morning Worship at St Laurence Foxton

11am Holy Communion at St Mary's Fowlmere

'The Syrophenecian Woman's faith'

Prayers for the Bereaved

Please pray for the families of Susan Mills, Oliver Walston, Reg Greenaway and Joan Smith who died recently.

Prayers for the Sick

Please pray for Barbara Gaskin, Gwyneth Page, Christine Gadd, Monica Hunter and Jose Taylor.

Joint 4 Church PCC

On Monday 14th October there will be a joint PCC meeting at 7.30pm in Foxton Village Hall. For about the first hour we will meet together and then up until 9.30 at the latest, the 4 PCCs will meet separately.

FRIENDS OF ST MARY (FOSM) EVENTS

Date for the Diary

The Friends of St Mary will be running a ticket only Black-Tie Charity Ball on the evening of Saturday 12th Oct 2024 in the Village Hall at Fowlmere. Put the date in your diary; dust off the tux and the prom dress and watch out for the ticket sale announcement. For more information contact Lisa Turner on 01763 208476.

Summer Pop Up Fruit Stall

The Friends of St Mary are again operating the Charity Pop Up Fruit Stall this summer. We started on the 20th July 2024 and will be running on until October. It takes place **at 11:00 am each Saturday morning** and is located on the driveway of Dove House, Rectory Lane, Fowlmere. Don't forget to bring your shopping bag with you.

FOXTON CHRISTMAS WINDOWS – SUNDAY 1st DEC - SEEKING ALL CRAFT STALLERS!

On Sunday 1st December between 3.30pm and 7pm, we will be holding our fabulous festive Christmas windows event in Foxton. To raise money for the school, pre-school and St Laurence Church, Foxton residents will be creating beautiful Christmas windows for display and there will be a central café in the village hall. Independent crafters are invited to apply to hold a stall in the village hall during the event. Stall holders will need to pay £15 as a contribution to the fundraising but would keep proceeds of any sales. Christmas gifts, decorations etc particularly welcomed! We also welcome anyone who would like to promote their local business in the programme. Contact us at foxtonwindows@gmail.com

FOXTON SINGERS - Come and join us on Thursday evenings!

Foxton Singers are a mixed voice, four-part harmony choir, no auditions, just a love of singing and having fun with music!

We meet on Thursdays from 12 September, 7.30 to 9.30pm, at Foxton Sports Pavilion. We sing a huge range of music, from popular songs and jazz to blues, folk and classical choral works, and perform regularly at local events and concerts in Foxton, Royston and Cambridge.

All new members welcome or just come for a taster to our Open Evening on Thursday 26 September. Email Philip at - philip@chimemusic.co.uk for more information.